



THE CALMER[®] APPROACH

Neuro-Behavioural Training

Building capability to understand behaviour
within its context and translate understanding
into **everyday practice**.



Learning is for Life

Every moment
has the potential to build capacity.



The environment
is the focus of change.



The person's capacity
is the focus of support.



Being safe and feeling safe
are the foundation for lifelong learning.



PRACTICAL AND ACCESSIBLE TRAINING

- ✓ Evidence-informed
- ✓ Practical
- ✓ Interactive
- ✓ Focused on implementation



Workshops



Conference
Presentations



Organisational
Training



Coaching &
Mentoring



Learn more about
The CALMER[®] Approach
calmerapproach.com.au



For practitioners, educators,
support workers, leaders
and organisations.



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The CALMER Approach

WHY THIS TRAINING?

Understanding behaviour within its context changes everything.

Too often, behaviour is misunderstood and managed in isolation. Our training builds your capability to understand what's really happening and translate understanding into practical, effective action.



We believe people are the experts in their own lives.

Our role is to listen, understand and walk alongside them with empathy and authenticity.

WHY CHOOSE CALMER?



"The CALMER® Approach needs to be at the foundation of organisational structures and everyday practice. I work in a school, and this approach should be implemented across all schools to support the wellbeing of students, staff, and even interactions with parents."

Heather – School Counsellor



"We see this training as a significant milestone in our commitment to continuously improving the quality of supports delivered to participants."

– NDIS Provider

FLEXIBLE DELIVERY OPTIONS



Face-to-face

In-person workshops and full day training.



Virtual

Live online sessions with interactive learning.



In-house

Tailored training for your team and organisation.



Coaching & Mentoring

Ongoing support to embed learning and strengthen practice.



A shared understanding is the first step to understanding behaviour in context.

Learn more

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The CALMER Approach

Better understanding.

Better practice.

Better outcomes.

CALMER EQUIPS PRACTITIONERS WITH:



A shared language

for communicating and understanding how behaviour emerges, and what contributes to behaviour in context.



A practical framework

for guiding shared reasoning, collaborative decision-making, and everyday practice.



Capability, confidence and practical skills

to provide more effective, neuro-affirming and co-designed therapeutic support.



**A shared understanding
is the first step to
understanding behaviour in context.**

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The CALMER Approach

Better understanding.

Better practice.

Better outcomes.

Let's Build Capability Together.



We partner with practitioners, teams and organisations to strengthen understanding, build capability and create environments where people can be safe, feel safe, connected, heard and understood.

TRAINING FOR



Practitioners



Support
Workers



Educators



Allied
Health



Leaders &
Organisations

POPULAR WORKSHOPS

- ✓ Understanding Behaviour Within Its Context
- ✓ The CALMER® Approach Foundations
- ✓ Co-Designed Analysis Process
- ✓ Neuro-Affirming Support Planning
- ✓ Learning is for Life – Building Capability Every Day



DELIVERED YOUR WAY



Face-to-face



Virtual



In-house



Coaching &
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Learn more



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